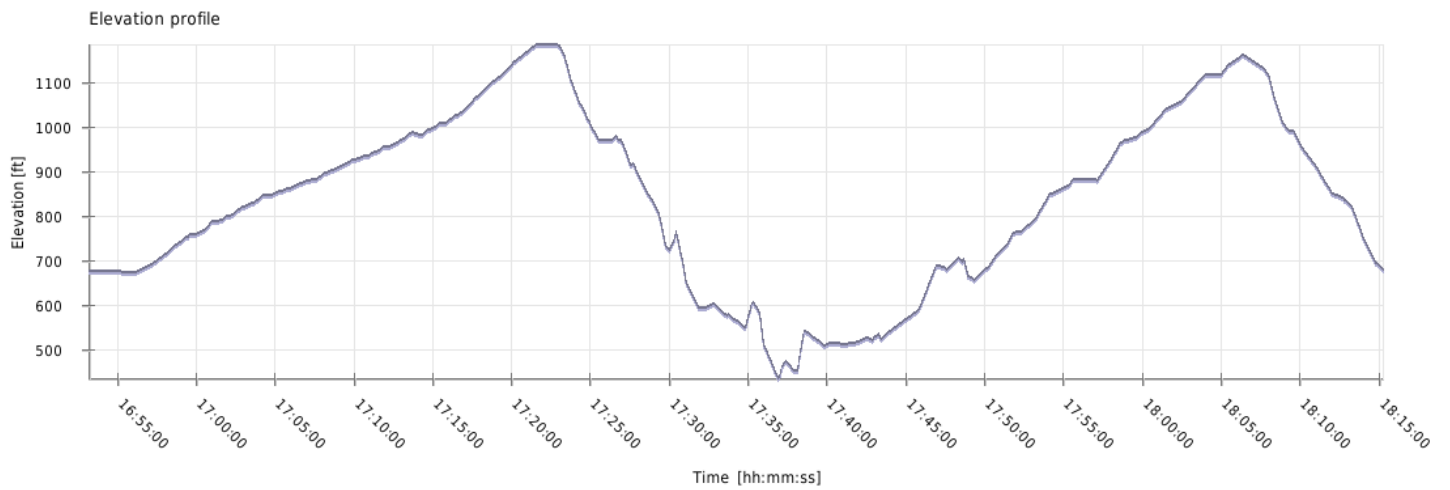
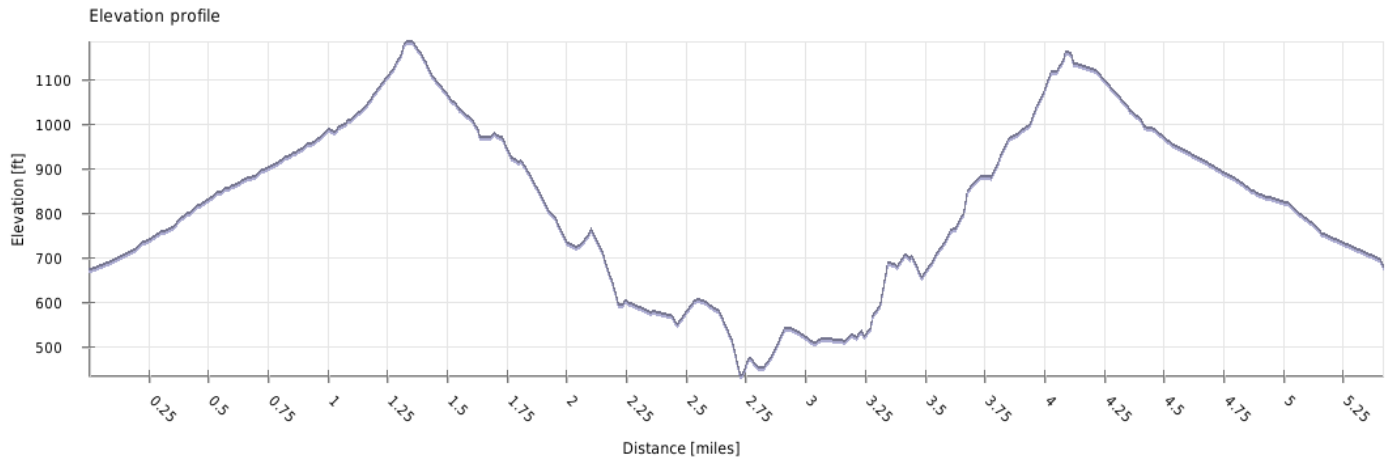
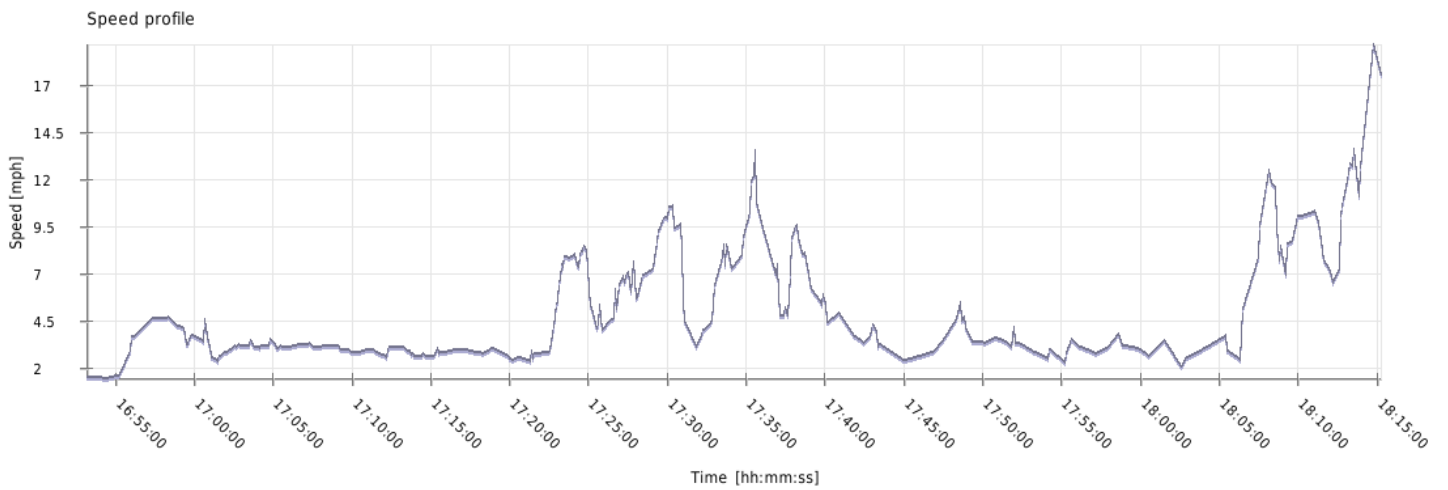
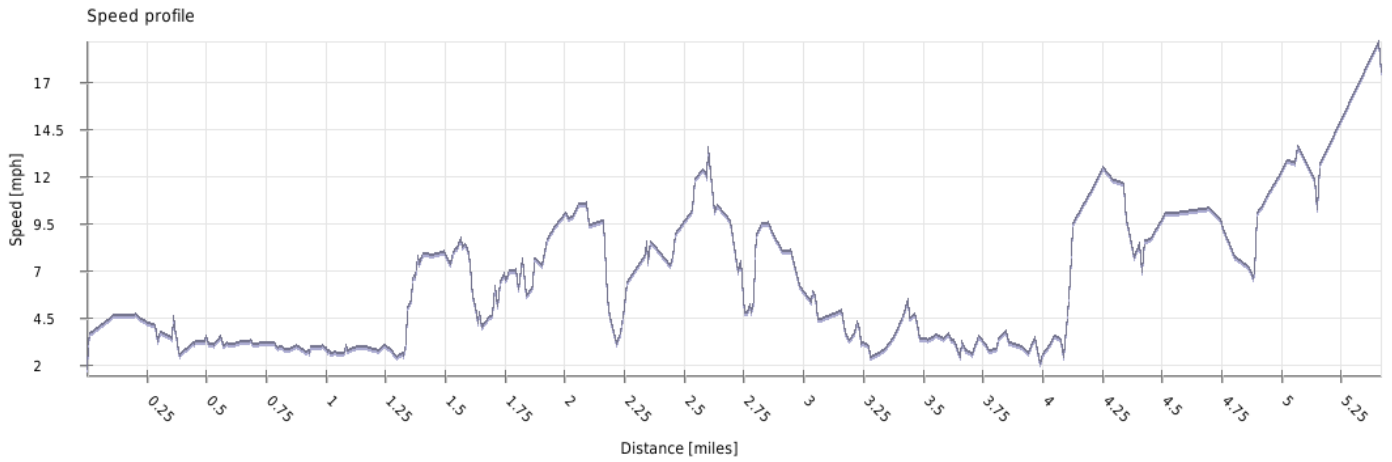


## Elevation



Minimum elevation:	436.4 ft
Maximum elevation:	1184.4 ft
Average elevation:	839.4 ft
Maximum difference:	748 ft
Total climbing:	1505.9 ft
Total descent:	1502.6 ft
Start elevation:	677.8 ft
End elevation:	679.1 ft
Final balance:	1.3 ft

## Speed



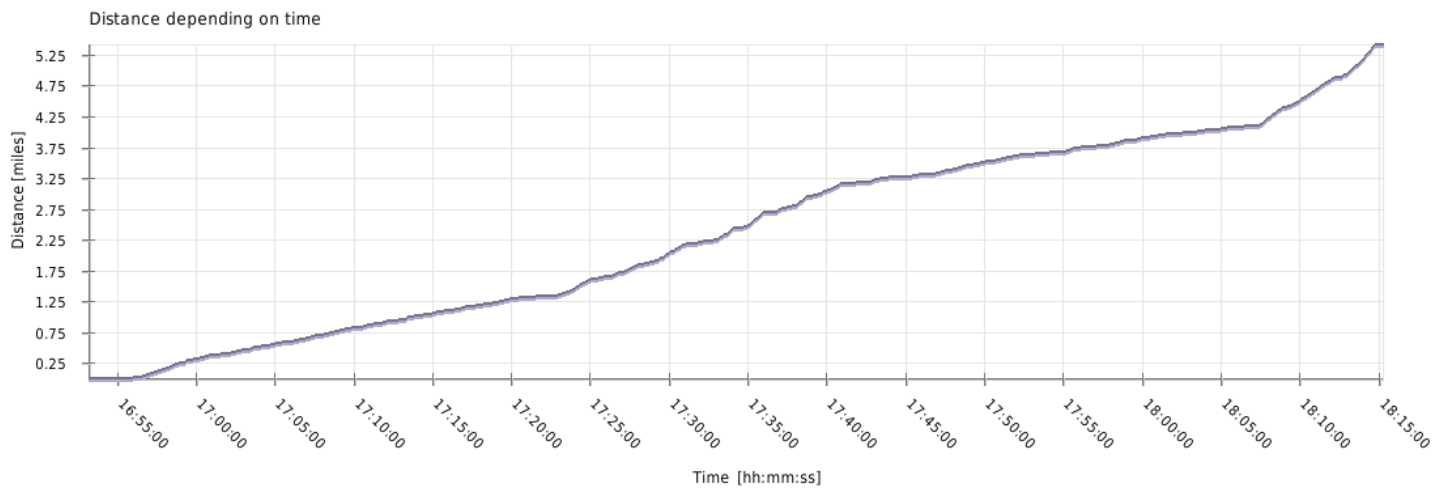
Minimum speed:	1.5 mph
Maximum speed:	19.2 mph
Average climbing speed :	5.7 mph
Average descent speed :	9.3 mph
Average flat speed:	5.6 mph
Average speed:	8 mph

## Time

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Date of track:	13.7.2008
Start time:	16:52:12
End time:	18:15:16
Total track time:	1h 23m 04s
Climbing time:	44m 38s
Descent time:	26m 04s
Flat time:	12m 22s

## Distance



Total flat distance: 5.4 miles

Total real distance: 5.4 miles

Climbing distance: 2.2 miles

Descent distance: 2.8 miles

Flat distance: 0.4 miles